



Schedule of Benefits

First Choice Next Silver Essential

Benefit period: From 01/01/2026 through 12/31/2026 Calendar Year.

This Schedule of Benefits outlines services that may be covered under your health benefit plan. Select Health of South Carolina, Inc. is a Health Maintenance Organization (HMO). Please refer to the Evidence of Coverage (EOC) document for more details on covered health services and important limitations. Your EOC also describes preventive services covered with no cost sharing. As a member, you are responsible for the deductible, copayments, and coinsurance for eligible services. For services that require prior authorization, network providers must obtain authorization from us prior to providing a service or supply to a member. You should confirm with your provider that they have received prior authorization for a covered service prior to your treatment.

Insured's Name: _____

Policy Number: _____

About your Schedule of Benefits

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Coinsurance

A percentage of the allowed amount you are required to pay for covered health services and prescription drugs, for example 20%. A copayment is not a coinsurance.

Copayment

A specific dollar amount you may be required to pay as your share of the allowed amount for covered health services or prescription drugs you receive. A copayment is a set amount, rather than a percentage. For example, you might pay \$10 or \$20 for a doctor's visit or prescription drug. A copayment is not a coinsurance.

Deductible

The amount you must pay for covered health services or prescription drugs each year before the health benefit plan begins to pay.

Limitations and Exclusions

Some benefit limitations and exclusions are outlined on p. 3-7 below. Please review your EOC and other policy documents. These give a full description of services and items that are limited or not covered by your health benefit plan.

Out-of-Pocket Maximum

The most that you pay out-of-pocket during the calendar year for in-network covered health services. It includes deductibles and any cost-sharing amounts the member has paid. Amounts you pay for premiums do not count toward the out-of-pocket maximum amount.

Quantity Limits

A tool to limit the use of selected drugs for quality, safety, or utilization reasons. Drugs may be limited by the amount that we cover per prescription or for a defined period of time.

Prior Authorization

Approval in advance to get services or certain drugs that may or may not be on our formulary. Some in-network medical services are covered only if your doctor or other in-network provider gets prior authorization from your health benefit plan.

Note:

First Choice Next plans do not offer embedded pediatric dental coverage as there are stand-alone pediatric dental plans available in the exchange for purchase. First Choice Next will inform consumers of the availability of stand-alone pediatric dental plans during the plan selection and enrollment process.

Your Deductible and Out-of-Pocket Maximum

This Benefit Overview describes your coverage and Cost Sharing Amounts, including Deductible and Out-of-Pocket Maximum, under this plan.

General Cost Share & Features	In Network	Out of Network
Deductible: - Per Calendar Year - Medical and Drug Combined - Some services do not apply to the deductible, as indicated below.	\$0/Individual \$0/Family	Not Covered
Out-of-Pocket Maximum: - Per Calendar Year - Medical and Drug Combined	\$0/Individual \$0/Family	Not Covered

If you are the subscriber, and the only member covered under your health benefit plan, the individual out-of-pocket maximum amount applies. If you have other family members on your plan, the family out-of-pocket maximum amount applies. The plan has an embedded individual out-of-pocket maximum within the family out-of-pocket maximum. No one member can contribute more than their individual out-of-pocket maximum amount to the family out-of-pocket maximum. Copayment or coinsurance amounts a member pays for services shown as covered without an out-of-pocket maximum will not count toward meeting the individual or family out-of-pocket maximum.

Benefit Details

The following table provides basic information about your benefits under this plan.

Benefit	In Network	Out of Network
Primary & Specialist Office Visits		
Primary Care Visit to Treat an Injury or Illness	No Charge	Not Covered
Specialist Visit	No Charge	Not Covered
Other Practitioner Office Visit (Nurse, Physician Assistant)	No Charge	Not Covered
Routine Foot Care	No Charge	Not Covered
Virtual Care 24/7 <i>Virtual Care visits offered through First Choice Next Virtual Care 24/7 are covered at No Charge; your deductible does not apply. Otherwise, virtual care visits are subject to the same cost sharing responsibilities as office visits.</i>	No Charge	Not Covered
Preventive Care		
Nutritional Counseling	No Charge	Not Covered
Preventive Care/Screening/Immunization	No Charge	Not Covered
Well Baby Visits and Care	No Charge	Not Covered
Therapy		
Chiropractic Care†	No Charge	Not Covered
Habilitation Services†	No Charge	Not Covered

Benefit	In Network	Out of Network
Outpatient Rehabilitation Services†	No Charge	Not Covered
Rehabilitative Occupational and Rehabilitative Physical Therapy† <i>30 visits per benefit period</i>	No Charge	Not Covered
Rehabilitative Speech Therapy† <i>30 visits per benefit period</i>	No Charge	Not Covered
Infusion Therapy†	No Charge	Not Covered
Chemotherapy†	No Charge	Not Covered
Radiation	No Charge	Not Covered
Diagnostic & Imaging		
Imaging (CT/PET Scans, MRIs)†	No Charge	Not Covered
Laboratory Outpatient and Professional Services†	No Charge	Not Covered
X-rays and Diagnostic Imaging	No Charge	Not Covered
Outpatient Care		
Mental/Behavioral Health Office Visits†	No Charge	Not Covered
Mental/Behavioral Health Outpatient Services†	No Charge	Not Covered
Outpatient Facility Fee (e.g., Ambulatory Surgery Center)†	No Charge	Not Covered
Outpatient Surgery Physician/Surgical Services†	No Charge	Not Covered
Substance Abuse Disorder Office Visits†	No Charge	Not Covered
Substance Abuse Disorder Outpatient Services†	No Charge	Not Covered
Inpatient Care		
Delivery and All Inpatient Services for Maternity Care†	No Charge	Not Covered
Inpatient Hospital Services (e.g., Hospital Stay)†	No Charge	Not Covered
Inpatient Physician and Surgical Services†	No Charge	Not Covered
Mental/Behavioral Health Inpatient Services†	No Charge	Not Covered
Skilled Nursing Facility† <i>60 days per benefit period</i>	No Charge	Not Covered
Substance Abuse Disorder Inpatient Services†	No Charge	Not Covered
Hospice Care		
Hospice Services† <i>6 months per episode</i>	No Charge	Not Covered

Benefit	In Network	Out of Network
Home Health Care, Nursing Home Care, and Private Duty Nursing		
Home Health Care Services† 60 visits per benefit period	No Charge	Not Covered
Long-Term/Custodial Nursing Home Care	Not Covered	Not Covered
Private-Duty Nursing	Not Covered	Not Covered
Urgent Care		
Urgent Care Centers or Facilities	No Charge	
Emergency Care/Ambulance		
Emergency Room Services	No Charge	
Emergency Transportation/Ambulance	No Charge	
Durable Medical Equipment and Devices		
Durable Medical Equipment†	No Charge	Not Covered
Prosthetic Devices†	No Charge	Not Covered
Dental Care		
Accidental Dental†	No Charge	Not Covered
Basic Dental Care – Child	Not Covered	Not Covered
Basic Dental Care – Adult	Not Covered	Not Covered
Dental Check-Up for Children	Not Covered	Not Covered
Major Dental Care – Child	Not Covered	Not Covered
Major Dental Care – Adult	Not Covered	Not Covered
Orthodontia – Child	Not Covered	Not Covered
Orthodontia – Adult	Not Covered	Not Covered
Routine Dental Services (Adult)	Not Covered	Not Covered
Pediatric Vision Services Covered through the last day of the month in which a child turns 19		
Contact Lenses for Children 1 pair of children’s eye glasses (with standard frames and lenses) or contact lenses per benefit period	No Charge	Not Covered
Eye Glasses for Children 1 pair of children’s eye glasses (with standard frames and lenses) or contact lenses per benefit period	No Charge	Not Covered
Low Vision Exams and Aids for Children† 1 exam per 5 years	No Charge	Not Covered
Routine Eye Exam for Children 1 exam per benefit period	No Charge	Not Covered

Benefit	In Network	Out of Network
Additional Services		
Abortion for Which Public Funding is Prohibited	Not Covered	Not Covered
Acupuncture	Not Covered	Not Covered
Allergy Testing	No Charge	Not Covered
Bariatric Surgery	Not Covered	Not Covered
Cardiac Rehabilitation† <i>30 visits per benefit period</i>	No Charge	Not Covered
Congenital Anomaly, including Cleft Lip/Palate†	No Charge	Not Covered
Cosmetic Surgery	Not Covered	Not Covered
Diabetes Education	No Charge	Not Covered
Diabetes Supplies†	No Charge	Not Covered
Dialysis	No Charge	Not Covered
Hearing Aids	Not Covered	Not Covered
Infertility Treatment	Not Covered	Not Covered
Mastectomy†	No Charge	Not Covered
Routine Prenatal and Postnatal Care	No Charge	Not Covered
Pulmonary Rehabilitation† <i>36 treatments per benefit period</i>	No Charge	Not Covered
Reconstructive Surgery†	No Charge	Not Covered
Routine Eye Exam (Adult)	Not Covered	Not Covered
Transplant†	No Charge	Not Covered
Treatment for Temporomandibular Joint Disorders	Not Covered	Not Covered
Weight Loss Programs	Not Covered	Not Covered

† Prior authorization may be required

Prescription Drugs

Prescription Deductible and Out-of-Pocket Maximum (OOPM)

Prescription Cost Share & Features	In Network	Out of Network
Deductible (Integrated with Medical Deductible)	\$0/Individual \$0/Family	Not Covered
Out of Pocket Maximum (Integrated with Medical Out of Pocket Maximum)	\$0/Individual \$0/Family	Not Covered

Retail Pharmacy (per 30 day supply)		
Tier	In Network	Out of Network
Generic Drugs	No Charge	Not Covered
Preferred Brand Drugs	No Charge	Not Covered
Non-Preferred Brand Drugs	No Charge	Not Covered
Specialty Drugs	No Charge	Not Covered

Prescription Drug Notes:

1. Covers up to a 30-day supply for retail prescriptions; 31–90 day supply for mail order prescriptions.
2. Cost-share shown is per retail prescription per 30-day supply. Mail order cost-share is 2.5 times retail cost.
3. Prior authorization / step therapy may be required.
4. Certain off-label uses of cancer drugs will be covered in accordance with state law.

Notice of Nondiscrimination

First Choice Next complies with applicable federal civil rights laws and does not discriminate on the basis of race; color; national origin; age; disability; or sex, including sex characteristics, including intersex traits, pregnancy or related conditions, sexual orientation, gender identity, and sex stereotypes [consistent with the scope of sex discrimination described at 45 CFR § 92.101(a) (2)]. First Choice Next does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex. First Choice Next provides free aids and services to people with disabilities to communicate effectively with us, such as, qualified sign language interpreters and written information in other formats. If you need these services, contact the Member Services number on the back of your card. If you believe that First Choice Next has failed to provide these services or discriminated in another way, you can file a grievance with:

- **First Choice Next**

Attention: Member Grievances, P.O. Box 7430,
London, KY 40742-7430

Fax: **1-833-722-9329**

Email: acaexchange grievance@amerihealthcaritas.com

- **South Carolina Department of Insurance,
Office of Consumer Services**

1201 Main Street, Suite 1000, Columbia, SC 29201 Mailing
Address: P.O. Box 100105, Columbia, SC 29202-3105 Phone:

(803) 737-6180 or 1-800-768-3467

Fax: **(803) 737-6231**

Email: consumers@doi.sc.gov

Complaint form: [https://sbs.naic.org/solar-web/
pages/public/onlineComplaintForm/online
ComplaintForm.jsf?state=SC&dswid=3785%0d](https://sbs.naic.org/solar-web/pages/public/onlineComplaintForm/onlineComplaintForm.jsf?state=SC&dswid=3785%0d)

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building Washington, DC 20201, phone: **800-368-1019, TTY: 1-800-537-7697**. Complaint forms are available at <https://www.hhs.gov/sites/default/files/ocr-cr-complaint-form-package.pdf>.

We speak your language

We provide free language services and information to people whose primary language is not English. To talk to an interpreter, call the Member Services number on the back of your card.

Ofrecemos servicios lingüísticos e información sin cargo a las personas cuya lengua materna no es el inglés. Para hablar con un intérprete, llame al número de Servicios al Miembro que figura en el dorso de su tarjeta.

我们为母语非英语的人士提供免费的语言服务及信息。如需与翻译交谈，请拨打您的会员卡背面的会员服务部电话。

Chúng tôi cung cấp thông tin và các dịch vụ ngôn ngữ miễn phí cho những người có ngôn ngữ chính không phải là tiếng Anh. Để nói chuyện với thông dịch viên, hãy gọi đến số điện thoại của Dịch Vụ Hội Viên ở mặt sau thẻ của quý vị.

영어가 주 언어가 아닌 사람들을 위해 무료로 언어 서비스와 정보를 제공합니다. 통역사와 대화하려면 가입자 카드 뒷면에 기재된 가입자 서비스 번호로 연락하십시오.

Nagkakaloob kami ng mga libreng serbisyo sa wika at impormasyon sa mga indibidwal na ang pangunahing wika ay hindi Ingles. Upang makipag-usap sa isang interpreter, tumawag sa numero ng Member Services sa likod ng iyang card.

Мы предоставляем бесплатные языковые услуги и информацию людям, для которых английский не является родным. Чтобы обратиться к переводчику, позвоните по номеру, указанному на обратной стороне вашего удостоверения.

Wir bieten Menschen, deren Muttersprache nicht Englisch ist, kostenlose Sprachdienste und Informationen an. Wenn Sie mit einem Dolmetscher oder einer Dolmetscherin sprechen möchten, rufen Sie bitte die Nummer des Mitgliederservice auf der Rückseite Ihrer Karte an.

We speak your language

Nous fournissons gratuitement des services linguistiques et des informations à ceux dont la langue principale n'est pas l'anglais. Pour communiquer avec un interprète, appelez l'équipe service aux adhérents au numéro indiqué au dos de votre carte.

અમે એવા લોકોને નિઃશુલ્ક ભાષા સેવાઓ અને માહિતી પ્રદાન કરીએ છીએ જેમની પ્રાથમિક ભાષા અંગ્રેજી નથી. દુભાષિયા સાથે વાત કરવા માટે, તમારા કાર્ડની પાછળ આપેલ સભ્ય સેવા નંબર પર કોલ કરો.

نقدم خدمات مترجمة مجانية وعمل وماتال الشخا اصل لا في لغاتهم الأصلية ليس بتل الفوننا جلي زطيات حدث م عت ر ج متاصل ل ب قوم خدمات آل عضاء ال م وجود على ظمرب قطاتك.

Prestamos informações e serviços linguísticos gratuitos a pessoas cujo idioma principal não é o inglês. Para falar com um intérprete, ligue para o número de atendimento ao beneficiário indicado no verso do seu cartão.

英語を母国語としない人々に、無料の言語サービスと情報を提供しています。通訳者と話すには、カード裏面に記載されているメンバーサービス番号に電話してください。

Ми надаємо безкоштовні мовні послуги та інформацію людям, для яких англійська мова не є рідною. Для зв'язку з перекладачем зателефонуйте на номер відділу обслуговування, зазначений на зворотній стороні Вашої картки.

हम उन लोगों को मुफ्त भाषा सेवाएं और जानकारी प्रदान करते हैं जिनकी प्राथमिक भाषा अंग्रेजी नहीं है। दुभाषिए से बात करने के लिए, अपने कार्ड के पीछे सदस्य सेवाओं के नंबर पर कॉल करें।

យើងផ្តល់ជូនសេវាកម្មភាសា និងព័ត៌មានដោយឥតគិតថ្លៃទៅដល់អ្នកដែលមានភាសាទីមួយមិនមែនជាភាសាអង់គ្លេស ។
ដើម្បីនិយាយជាមួយអ្នកបកប្រែផ្ទាល់មាត់ សូមហៅទៅលេខទូរស័ព្ទរបស់សេវាកម្មសមាជិកនៅខាងខ្នងនៃប័ណ្ណរបស់អ្នក ។